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JUSTIN MICHAEL WILLIAMS

Meet the transformational speaker and recording artist with a mission: to empower people of all identities to claim their innate and limitless potential.

Too many people have been left out – or priced out – of the personal growth movement.

Justin is changing that.

Who Is Justin?

Justin Michael Williams is an activist, meditation teacher, and top 20 charting musician with a mission: to bring personal growth TO THE PEOPLE — **empowering people of all identities, ages, genders, and economic backgrounds to claim their innate and limitless potential.** His unique approach blends music, motivation and meditation to help people break free from toxic cycles and reconnect to their life's purpose.

Between his keynotes, podcasts, videos, music career and other ventures, Justin has amassed **an audience of over 4.2 million** across platforms. *Metamorphosis* debuted at #18 on the iTunes pop charts alongside Taylor Swift and Britney Spears in 2016. He has since been featured by Billboard.com and Yoga Journal magazine, shared stage with Deepak Chopra, and headlined at events including Wanderlust and SXSW.

People say kids who grew up like Justin — in the inner-city, surrounded by violence and abuse — end up in jail or dead. It is a great honor and privilege for him to show there's another way.



131K
Social media
followers



1.7M
Digital
music reach



2.2M
Video
views



54K
Email list
subscribers



115K
Podcast
downloads





How Is This Unique?



WHAT I DO



I'm a motivational speaker and musician who works in the intersection of social justice, mindfulness, and personal growth—with a touch of music that brings it all to life. Whether it's a workshop, keynote speech, podcast, or panel discussion, I'm here to wow your audience and give them practical tools to transform their lives.



WHY IT'S SPECIAL

If you grew up like me — overcoming systemic oppression, poverty, toxic masculinity, racism or homophobia — you need a different type of motivation: a kind that aligns with your life and doesn't pretend the struggle doesn't exist. One of my greatest gifts is being able to break through the BS and give people tools that actually work with the mess of modern life. My unique approach will have your audience laughing, crying, interacting with one another, and taking ravenous notes.

HOW IT WORKS

It's easy. We set up a quick discovery call and I create a customized experience for your audience. Continue reading for a breakdown of my signature talks and **email hello@justinmichaelwilliams.com** to schedule call.

Topics At A Glance

Explore Justin's signature presentations

Revival: Find Your Passion. Rock Your Purpose.

» A MOTIVATION AND MUSIC EXPERIENCE

Overcoming Toxic Habits

» HOW PORN, CAFFEINE, ALCOHOL, AND SEX AFFECT YOUR SUCCESS

Meditation To Get Sh!t Done

» FOR TYPE-A PEOPLE WHO CAN'T STOP THINKING

Meditating While Black

» MINDFUL TOOLS TO TACKLE REAL LIFE SH!T



» SIGNATURE EXPERIENCE

**Revival: Find Your Passion.
Rock Your Purpose.**

A MOTIVATION AND MUSIC EXPERIENCE

This ain't your standard "feel good" keynote

presentation. Justin doubles as a keynote speaker and a world-class musical artist in one. He has reimagined the world of motivational speaking – uniting music and motivation in a way that will get your audience on their feet, cheering, singing, and pulling out their phones to take ravenous notes.

This interactive workshop is **for people who feel something is missing in their life.** This workshop will help you pinpoint it, heal it, and use it as fuel to live the life you've always dreamed of.

Justin's music competes with mainstream's finest: his debut album premiered at #18 on the iTunes pop charts next to Britney Spears and Taylor Swift, and he has shared the stage with Deepak Chopra and Chaka Khan. He has been featured by SXSW and Billboard.com – calling his show "sincere and intoxicating." Just wait until you hear it.

Every audience member gets a printed transformation guide to complete during the interactive presentation so they have something tangible to take with them after the session is over. Topics covered include finding your

purpose, breaking free from toxic habits and vices, creating the perfect morning ritual and more.

Justin is on a mission to empower people of all identities, ages, genders, and economic backgrounds to claim their innate and limitless potential. This is about all of us, standing together, and bringing our unique gifts to the world.



» INTERACTIVE KEYNOTE

Overcoming Toxic Habits

HOW PORN, CAFFEINE, ALCOHOL, AND SEX AFFECT YOUR SUCCESS

Imagine this: you close your eyes and you can see a life you haven't started living yet. You know you were put on this earth to do something incredible, but it feels like there's a force holding you back. You can see the person you've always wanted to be — the artist, the entrepreneur, the lover, the leader. You've been trying to stay positive and get your mind right, but end up stuck repeating toxic cycles over and over.

When that happens, remember this: **Once we break free from our toxic habits, we can finally stop holding ourselves back and step into our true destiny.**

This workshop will teach you a scientifically proven step-by-step system to stop self-sabotage so you can escape the toxic cycles and live the life that's been waiting for you all along. You'll be shocked when you hear the truth about habit building (hint: it doesn't take 21 days, and it's not as hard as you'd think).

No one deserves to feel like a failure. And I don't want you to give up on yourself. You are ready. You are worthy. You deserve this life. This workshop will help.



»INTERACTIVE KEYNOTE

Meditation To Get Sh!t Done

FOR TYPE-A PEOPLE WHO CAN'T STOP THINKING

Confession: this is not really a meditation class.

Yes, I'm going to teach you everything you need to know about meditation, but if you came looking for a typical, hippie, Zen meditation seminar, you're in the wrong place.

We are modern people in a high-tech world. We have first world problems and long to-do lists. Many of us — myself included — grew up overcoming systemic oppression, homophobia, sexism, depression, poverty, toxic masculinity, racism or trauma. You deserve a type of meditation that aligns with your real life and doesn't pretend the struggle doesn't exist. **My approach**

empowers people of all identities, ages, genders and socioeconomic backgrounds to claim their innate and limitless potential.

This class will give you a step-by-step system to enhance your intuition, overcome anxiety and stress, and reconnect to the heart of why we exist.

Whether you've tried meditation but it didn't stick or you've never given it a shot – this workshop cuts through the noise and teaches you a meditation ritual that fits with your messy, modern life.



»INTERACTIVE KEYNOTE

Meditating While Black

MINDFUL TOOLS TO TACKLE REAL LIFE SH!

We are warriors for peace. Warriors for love. Warriors for change. Warriors for equality. But we must also tend to the wars within.

When you do not care for yourself, you internalize the same oppression you are fighting against.

I know it might feel like taking time for your self-care is taking time away from doing the actual work, but we need our warriors bright — and not just for your own sake. You are a lighthouse. **Your healing is essential to the liberation of the people.**

This interactive workshop will not only teach you how to create your own meditation practice, but also how to use mindfulness to get shit done.

Whether you're a budding activist, or standing on the frontlines, these mindful tools will inspire you to step into your full power and play your authentic part in a movement that matters. This is about justice. This is about healing. This is about radical change. The system that keeps us separate is the system that keeps us broken — and we rise together.



A photograph of a DJ with curly hair, wearing a white t-shirt with "JAY VOK" printed on it, performing on stage. He is singing into a microphone and has his hands on a turntable. The stage is illuminated with vibrant red and purple lights.

GET STARTED

Contact hello@justinmichaelwilliams.com
to begin your transformation.